

The Untapped Power of You ©

CD 1: Introduction and Overview



Self-Reflection

True or False:

1. Your untapped brain power is electrical.

True

False

2. Our ingrained habits may become so fixed that they may appear to be genetic.

True

False

3. In the US, more than 50% of the population exercises.

True

False

?? Questions

Imagine your potential was represented by five lights in a room: A Chandelier, two bedside lamps, and two upright lamps. For YOU, what would each represent and why? (There is no “correct” answer)